

# ***PARENTING TEENAGERS:***

## ***FROM CRAZY TO CONNECTED***



**October 28, 29, 2016  
9:00 am to 5:00 pm**

**Phoenix Center 13686-94A Avenue,  
Surrey, BC V3V 1N1 (Boardroom)**

**Cost \$300**

**[Register Here](#)**

Parenting adolescents is often a challenge! In their effort to teach children appropriate behaviour and responsibility and guide them through the transition from childhood to adulthood, parents can sometimes feel helpless. This workshop will help develop resources and strategies to effectively connect with and guide teens. We will be exploring how to embrace the adolescent phase as a rite of passage rather than something to just 'survive and get through.'

This experiential workshop is designed to explore the developmental stage of adolescence through neurological and social research, and to discuss how to address parents' concerns and teenagers' needs. Practical applications of systemic changes through Transformational Systemic Therapy will be discussed and practiced.



**Workshop Leader - Jennifer Nagel, MA, RCC** has been doing training in the Satir Model with a diversity of groups including therapists, educators, school programs, community groups, at-risk adolescents, therapeutic programs, non-profit organizations and corporate groups. As well as her work in Canada, Jennifer has done training programs in Kenya and China. Jennifer is a member of the British Columbia Association for Clinical Counsellors, the International Family Therapy Association, and is a current member of the Board of Directors of the Satir Institute of the Pacific (SIP) and serves on the Training Directorate. Jennifer is currently working with youth, individuals, couples and families in private practice.



satir institute  
of the pacific

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