



## ***THE USE OF SELF IN THERAPY: DEEPENING THE CLIENT-THERAPIST RELATIONSHIP TOWARDS HEALING***

- ***Do you want to feel more energized and connected when you meet with your clients?***
- ***Do you want to experience more dynamic, experiential therapy sessions that lead to lasting change and healing?***

This 2-day workshop is for therapists who want to deepen their work with clients and experientially explore what ‘the use of self’ is all about in the context of therapy. Research shows that one of the most important factors that impacts outcomes in sessions is ***not*** the model or techniques being used, but ***is*** the relationship between therapist and client.

In this workshop we will explore ways to:

- make authentic contact and connection with your clients
- tap into your creative resources
- use your intuition to guide the process
- recognize blocks, blind-spots, and triggers within self in the context of therapy, and what to do about them to keep the process moving forward.
- use case studies and therapy demonstrations to explore, conceptualize, and resolve personal impacts in relation to your clients.



**Presented by:**

Jennifer Nagel, MA, RCC

**Date:**

March 24 - 25, 2017

9:30AM - 4:30PM

**Place:**

Peace Portal Counselling Centre

15128 27B Avenue, Surrey

**Cost:** \$297 + GST

*Payment can be made by credit card, e-transfer, or cheque. Contact Jennifer Nagel to register:*

**To register, email [jennifernagel1@yahoo.com](mailto:jennifernagel1@yahoo.com) or phone 604-313-3791**

[www.jennifernagelcounselling.com](http://www.jennifernagelcounselling.com)